



**Chips  
n'gravy  
Greasy  
fry-up  
Creamy  
curry**

Even once down the sink, oils and fats can cause a blockage.

# Be a binner not a blocker.

All of us use our wonderful water every day for washing up, cleaning and flushing, but we also need to look after our drains to keep them flowing.

Head to  
[stwater.co.uk/avoidblockages](http://stwater.co.uk/avoidblockages)  
to find out more.



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**Babies  
bottoms  
Sticky  
fingers  
Mucky  
faces**

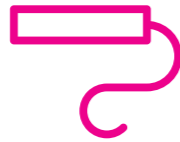
Wipes are used for lots of things, but they go in the bin not the loo.



Top tips to avoid blockages in the **bathroom...**



Only ever flush pee, poo and toilet paper



Bag up and bin sanitary towels, tampons and applicators



Use a bin for items such as cotton buds, razors, dental floss and nappies



Bin all wipes (never flush) to avoid blocked drains

**fats**  
**oils** wipes  
**grease** nappies

This leaflet is the same size as an average waste pipe – just 150mm!

can clump together and lodge or snag in waste water pipes, so even one time could lead to a blockage.

Top tips to avoid blockages in the **kitchen...**



Scrape all pots, pans and plates before washing



Use strainers in your sink to catch leftover food



Reuse leftover food, including soups and sauces. If you can't, put it in the bin



Once cool, scrape used oil/grease in a container and bin it